



Youth Topper/Tera Winter Coaching 2017/18

Dates:

- 28/29 October 2017
- 2/3 December 2017
- 13/14 January 2018
- 17/18 February 2018
- 3/4 March 2018

Coach

This winter coaching will be run by one of the QM Racing Instructors.

Eligibility

All participants need to be current QM club members.

This coaching is aimed at developing your racing skills, although you do not need to have racing experience, you do need to be able to confidently sail either a Topper or Tera in moderate conditions (F4). The winter months can be challenging – in temperature as well as breeze. All participants need to be happy in sailing in the cooler temperatures and breezier conditions that is likely to be experience. Any participant who has not sailed a Topper or Tera before is required to chat through their suitability for this training with the QM team prior to booking on.

For those who do not own a Topper or Tera, QM have a number of these boats available to hire at £20/day, which would need to be confirmed with the QM office prior to booking on to ensure availability.

Timings & what to expect

Saturdays: 0930-1630

Boats need to be partially rigged ready for the days briefing for 0930
Mixture of land based theory/drills and onwater practical sessions

Sundays: 0930-1500

Boats need to be partially rigged ready for the days briefing for 0930
Participation in 1 or 2 of the weekly Club races, onwater sessions followed by debrief of the race and/or weekend.

Booking a place

Please book your place through the QM office – 01784 248881 or through the website – <http://bookings.queenmary.org.uk/club-member-trng/>

Jackets

A youth squad jacket is available to purchase at £30 per jacket for all participants. Details of this will follow once your place has been confirmed.

Cost for the 10 days training - £225