



FROSTBITE SUNDAY SERIES

**Sunday 20th December 2020 –
Sunday 21st February 2021**

SAILING INSTRUCTIONS

20 RACES, 10 TO COUNT

QUEEN MARY SAILING CLUB FROSTBITE SUNDAY SERIES

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2017 - 2020*.
- 1.2. The bye-laws of Queen Mary Sailing Club will apply.
- 1.3. Not used.
- 1.4. The Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures will be available as detailed in the current RYA Racing Rules Guidance. The Post Race Penalty shall be 30% of the number of boats starting the race or 3 places, whichever is greater.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located outside the Clubhouse at the bottom of the waterside glass stairs.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted not less than 30 minutes before the scheduled warning signal of the first race on the day on which it will take effect, except that any change to the schedule of races will be posted by 18:00hrs on the Sunday before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the Clubhouse flagpole.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP. This changes the meaning of flag AP in Race Signals.

5. SCHEDULE

From Sunday 20th December 2020 until Sunday 21st February 2021 there will be two races held back to back for each fleet each Sunday, with the exception of Races 3 and 4, which will be on Monday 28th December 2020.

RACE 1 WARNING SIGNAL*	FLEET	CLASS FLAG	
10:27	LASER & RADIAL	LASER STARBURST	
10:30	FAST WINDWARD/LEEWARD & RS400	NO.2 (DEFACED BLUE)	
10:30	FAST HANDICAP & SLOW HANDICAP	NO.3 (DEFACED GREEN)	

*The warning signals for Race 2 will be made as soon as possible after Race 1.

6. CLASS FLAGS

Class flags will be as set out above.

7. RACING AREA

The racing area will be indicated on the Daily Information Board located outside the Clubhouse at the bottom of the waterside glass stairs.

8. THE COURSES

- 8.1. The course designations and configurations, including the order of rounding marks, are shown on the diagrams in Appendix 1.
- Start 1, Laser and Radial fleets will sail Course J
Start 2, Fast Windward/Leeward and RS400 fleets will sail Course L
Start 2, Fast Handicap and Slow Handicap fleets will sail Course J
- 8.2. The courses and number of rounds to be sailed will be displayed on the stern of the Race Committee Boat with
- Start 1, Laser and Radial fleets on the left.
Start 2, Fast Windward/Leeward and RS400 fleets in the middle.
Start 2, Fast Handicap and Slow Handicap fleets on the right.
- 8.3. The Slow Handicap fleet will sail one round less than the number displayed for their start.

9. MARKS

- 9.1. The windward mark of the designated course will fly a yellow flag. The gybe or wing mark will fly a green flag and the leeward mark will fly a pink flag.
- 9.2. The starting mark will be a spherical buoy flying a red flag.
- 9.3. The finishing mark will be a spherical buoy flying a blue flag.

10. AREAS THAT ARE OBSTRUCTIONS

The following areas are obstructions and boats shall not sail in those areas at any time:

- (a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys;
- (b) at the southern end of the bund, the shallows bounded by yellow/black or orange buoys, and the area bounded by the dredger's anchor buoys;
- (c) at the outlet at the north east corner of the reservoir, the area bounded by round yellow buoys.

11. THE START

- 11.1. Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal, the preparatory signal made 2 minutes before the starting signal and the preparatory flag removed 1 minute before the start.
- 11.2. The starting line will be between a staff displaying an orange flag on the Race Committee Boat at the starboard end and the course side of the port end starting mark
- 11.3. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4.1
- 11.4. In the event of a general recall the First Substitute will be flown for no more than 2 minutes, and lowered without a sound signal. A recalled start or starts will be restarted (in their original order if more than one) with a new warning signal at the end of the starting sequence. This changes RRS 29.2.
- 11.5. Boats whose warning signal has not been made shall avoid the starting area.

12. CHANGING THE NEXT LEG OF THE COURSE

Course marks may be moved by no more than 150 metres during the race but flag C will not be displayed nor will information regarding the change be displayed. This changes RRS 33.

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying a blue flag on the Race Committee Boat and the course side of the finishing mark.

- 13.2 If the Race Committee signals a shortened course (displays flag 'S' with two sounds), boats shall pass the leeward mark to port and continue to the finishing line. This changes RRS 32.2.

14. PENALTY SYSTEM

For multi-hull classes the Two-Turns Penalty is replaced by the One-Turn Penalty. This changes RRS 44.1.

15. TIME LIMITS

- 15.1 The time limit for each fleet racing will be 75 minutes from the starting signal for that fleet.
15.2 A boat failing to finish within 15 minutes after the first boat finishes will be scored DNF. This changes RRS 35 and A4.1.
15.3 During the finishing period, the Race Officer may use a Whiskey flag to finish boats on the course which will be given a place based on their position at the time the flag is displayed to them.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protests shall be written on forms available from the Club office by phoning 01784 248881 and shall be delivered there within 60 minutes of the last boat's finishing time, except in the case of back-to-back races, where they shall be delivered within 60 minutes of the last boat's finishing time in the last race.
16.2 Protests will be heard in approximately the order of receipt as soon as possible.

17. SCORING

- 17.1 RRS A9 "Race Scores in a Series longer than a Regatta" will apply.
17.2 4 races are required to be completed to constitute a series.
17.3 An entrant must complete 33% (rounded up) of the races constituting the series to qualify for a position and prize.
17.4 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 8 races have been completed, a boat's series score will be the total of her best four race scores.
(c) When 9 or more races have been completed, a boat's series score will be the total of the best 50% (rounded up) of her race scores.

18. SAFETY REGULATIONS

- 18.1. Each boat shall sign on each day that she intends to race by booking a racing session at <https://www.queenmary.org.uk/racing/restart-racing-2020/> before arriving at the Club. By booking a racing session, competitors agree to follow the Guidance for Observing COVID-19 Restrictions on the booking page. In addition, boats racing are requested to maintain 1m clear water between hulls to ensure that the 2m social distance between crews is maintained.
18.2. A boat that launches and does not start a race, retires from a race or receives outside help during a race shall complete a declaration at the Club office by phoning 01784 248881 within the protest time limit.

19-26. NOT USED

27. RADIO COMMUNICATIONS

Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice and data communications not available to all boats.

28. PRIZES

Prizes will be awarded to the lesser of the first three places or the integer of the square root of the number of qualifiers in each fleet.

29. RISK STATEMENT

RRS 4 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and attend any safety briefing held for the event.

30. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident.

31. LOCAL RULES

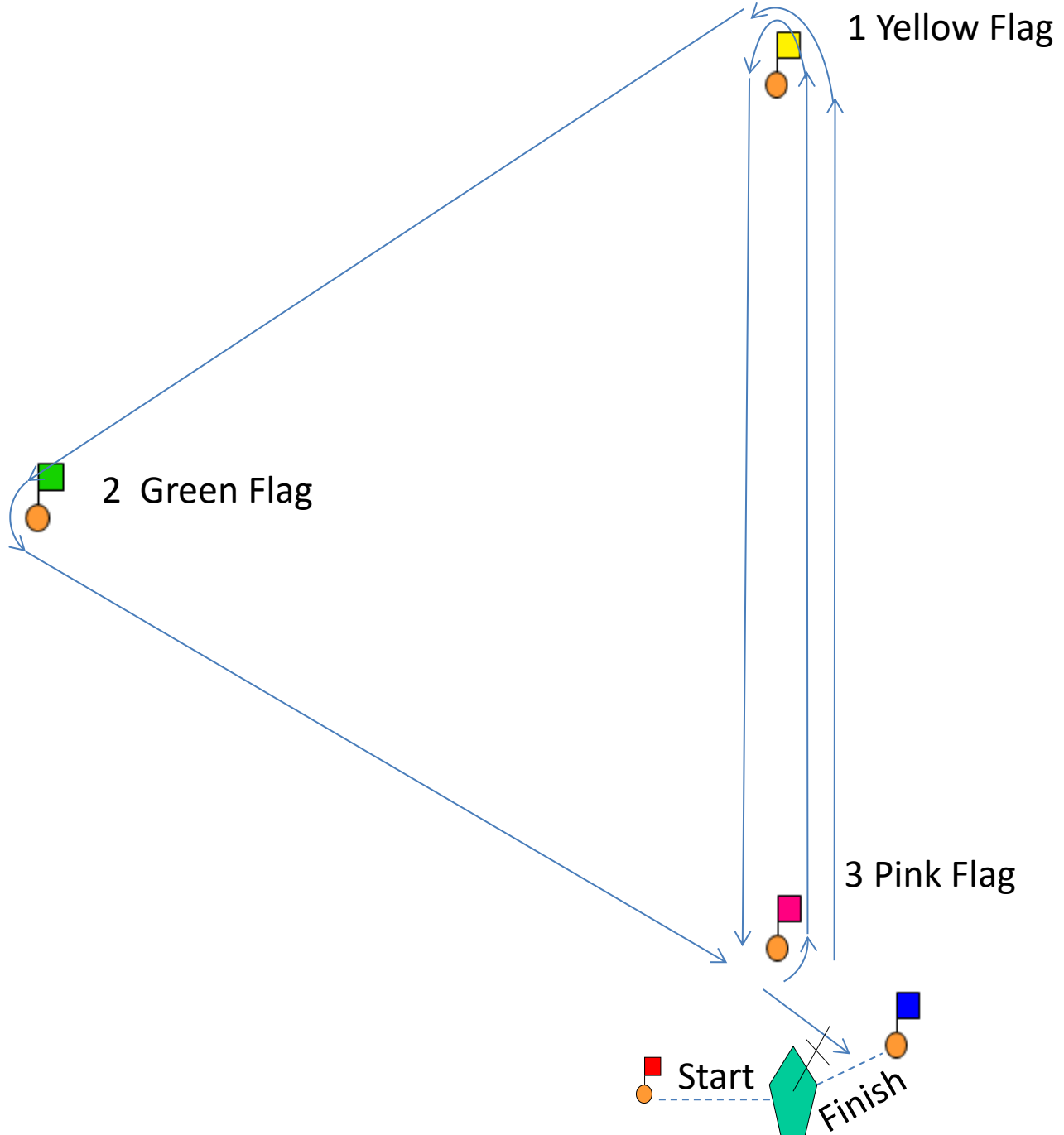
- 31.1 **Keeping Clear:** Boats shall keep clear of barges and motor vessels that are restricted in their ability to manoeuvre. When a boat finds herself unable to keep clear of such a vessel she may use propulsion, such as paddling or rocking, provided she does not gain a significant advantage in the race (RRS 42.3(h)).

Appendix 1

Course J

1P – 3P is round one and subsequent odd numbered rounds.

1P – 2P – 3P is round two and subsequent even numbered rounds.



Course L

1P – 2P is round one and subsequent rounds

