



Youth Topper/Tera Winter Coaching 2018/19

Dates:

- 24/25 November 2018
- 15/16 December 2018 *
- 19/20 January 2019
- 23/24 February 2019
- 23/24 March 2019

Coach

This winter coaching will be run by one of our QM Instructors.

Eligibility

All participants need to be current QM club members.

This coaching is aimed at developing your racing skills; although you do not need to have racing experience, you do need to be able to confidently sail either a Topper or Tera in moderate conditions (F4).

The winter months can be challenging – in temperature as well as breeze. All participants need to be happy sailing in the cooler temperatures and breezier conditions that are likely to be experienced.

Any participant who has not sailed a Topper or Tera before is required to chat through their suitability for this training with the QM team prior to booking on.

For those who do not own a Topper or Tera, QM have a number of these boats available to hire at £25/day, which would need to be confirmed with the QM office prior to booking on to ensure availability.

Timings & what to expect

Saturdays: 0930-1630

Boats need to be partially rigged ready for the days briefing for 0930

Mixture of land-based theory/drills and on-water practical sessions. On Sundays, there may be participation in 1 or 2 of the weekly Club races, on-water sessions followed by de

Sundays: 0930-1500

Boats need to be partially rigged ready for the days briefing for 0930

Participation in 1 or 2 of the weekly Club races, on-water sessions followed by debrief of the race and/or weekend.

*** Christmas Fun Race and Annual Prize-Giving Lunch**

For Sunday 16th December, we will be joining in with the Christmas Fun Race – prizes for the best decorated boat as well as the winners of this one-off race. Followed by a delicious lunch in the Clubhouse – pre-booking for this is essential and we would love a really big turnout from our Youth Sailors!

Booking a place

Please book your place through the QM office 01784 248881 or through the website. Look at the Youth Page, then click on Youth Winter Training.

Alternatively, email Janet sailingsecretary@queenmary.org.uk or the general Club email sailondon@queenmary.org.uk

Jackets

A youth squad jacket may be available to order for any participants interested. Details of this will follow once your place has been confirmed.

Cost for the 10 days training: £250

Boat hire (for those who are not Youth Select Members): **£25 per day**, payable on the day of attendance.