



Cadet Inland Championship & 420 GP Open Event

20th – 21st September 2025

SAILING INSTRUCTIONS

QUEEN MARY SAILING CLUB

OPEN MEETING

SAILING INSTRUCTIONS

The Organising Authority is Queen Mary Sailing Club in conjunction with the GBR 420 Class Association and UK National Cadet Class Association (UKNCCA).

The notation "[NP]" in a rule means that a boat may not protest another boat for breaking this rule. This changes RRS 60.1.

1. RULES

- 1.1 This event is governed by the rules as defined in the Racing Rules of Sailing 2025 – 2028.
- 1.2 The Organising Authority implements the Royal Yachting Association (RYA) Racing Charter. Competitors shall undertake to sail in accordance with the Charter.
- 1.3 RRS Appendix T applies.
- 1.4 RRS 40.1 applies at all times when afloat.
- 1.5 Penalties for breaches of class rules shall be at the discretion of the race committee and may be less than disqualification. [DP]
- 1.6 In the event of a conflict between documents, the Event Sailing Instructions will take precedence over the Notice of Race, which takes precedence over any Standard Sailing Instructions. This changes RRS 63.5(c)(2).
- 1.7 Keeping Clear: Boats shall keep clear of barges and motor vessels that are restricted in their ability to manoeuvre. When a boat finds herself unable to keep clear of such a vessel she may use propulsion, such as paddling or rocking, provided she does not gain a significant advantage in the race in accordance with RRS 42.3.
- 1.8 RRS 35 is changed so that after the first boat has finished, boats may be finished based on their observed position on the course by signalling with flag W (see SI 14.2).
- 1.9 Boats that are not racing are reminded of RRS 23 and their obligations not to interfere with another boat that is still racing.
- 1.10 The Organising Authority implements the 420 Class Charter which can be viewed at <https://gbr420.uk/the-420-class/policies,-documents-and-minutes/>. 420 competitors shall undertake to sail in compliance with the charter.
- 1.11 Cadet Class sailors are required to carry a whistle. [DP]

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted not less than 60 minutes before the scheduled warning signal of the race which it will affect, except that any change to the start time of the first race the following day will be posted by 20:00 the evening before it takes effect (see NOR 9).

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be as per NOR 3.
- 3.2 The race office is located at the Queen Mary Club office, telephone number 01784 248881, email: sailingsecretary@queenmary.org.uk.
- 3.3 From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions that is not available to all boats. [DP].
- 3.4 On the water coaching is permitted for the Cadet Regatta fleet only.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors are required to comply with any reasonable request from a race official or safety boat. Boats failing to follow the instructions of safety boats will be reported to the protest committee, which may protest the boat. Boats penalised under this SI may be scored DNE. This amends RRS 64.1(a).

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the Clubhouse flagpole.
5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signals AP. This changes Race Signals AP.
5.3 Flag D with one sound means 'The warning signal will be made not less than 30 minutes' after flag D is displayed. Boats shall not leave the slipway until this signal is made.

6 SCHEDULE

- 6.1 Registration will take place in training room 5, downstairs, on Saturday 20th September 2025 from 0900 to 1100.
6.2 A briefing will be held at the Queen Mary Sailing Club outside the clubhouse, waterside, Saturday 20th September 2025 at 1030.
6.3 The race schedule is:

Day	Date	First Warning Signal	No. of Races 420 Class	No. of Races Cadet Class
Saturday	20th September	11:55	3	3
Sunday	21st September	10:25	3	3

6 races are scheduled for both classes.

- 6.4 For the first race of the day, to alert boats that racing will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made. For subsequent races that day, the AP postponement flag, along with two sound signals, may be used to alert boats that the warning signal will be displayed one minute after removing the AP flag.
6.5 On the last scheduled day of racing no warning signal will be made after 15:00.
6.6 Up to 4 races may be sailed in one day at the discretion of the race committee.
6.7 Two races are required to be completed to constitute a series.

7 CLASS FLAGS

The class flag(s) will be:

CLASS	FLAG
420	420 class flag or the numeral pennant 4 if this is unavailable
Cadet Gold Fleet	Y
Cadet Silver Fleet	Y
Cadet Regatta Fleet	E

8 RACING AREA

The racing area will be on Queen Mary Reservoir and will be indicated on the Daily Information Board located outside the Club office on the upper deck of the Clubhouse.

9 COURSES

- 9.1 The diagram in SI Appendix One shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
9.2 The course and number of laps to be sailed will be displayed on the committee boat.

- 9.3 No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.
- 9.4 A gate may be replaced by a single mark to be left to port.

10. MARKS

- 1.1. Marks will be a spherical buoy with a colour flag. The flag colour assigned to each mark will be displayed on the official notice board.
- 1.2. The Starting Mark will be either a mast on a committee boat displaying an orange flag or a dan buoy displaying an orange flag.
- 1.3. The Finishing Mark will be a mast on a committee boat displaying a blue flag or a dan buoy displaying a blue flag.

11. OBSTRUCTIONS

The following areas are obstructions and boats shall not sail in those areas at any time:

- a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys;
- b) at the southern end of the bund, the shallows bounded by yellow or orange buoys, and the area bounded by the dredger's anchor buoys;
- c) if a dredger is at any time located somewhere on the reservoir other than as described in (a) and (b) above, the area bounded by its anchor buoys;
- d) at the outlet at the north-east corner of the reservoir, the area bounded by round yellow buoys.
- e) A safety boat in close attendance to a craft or competitor in difficulty is an obstruction.

12. THE START

- 12.1. The starting line is between a staff displaying an orange flag on the Race Committee Boat at the starboard end and the course side of the port end starting mark.
- 12.2. A boat that does not start within 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

13. CHANGING THE NEXT LEG OF THE COURSE

- 13.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position, in accordance with RRS 33.
- 13.2. Course changes of less than 100 meters may not be signalled. This changes RRS 33.

14. THE FINISH

- 14.1. The finishing line will be between a staff displaying a blue flag on the Race Committee Boat and the course side of the finishing mark.
- 14.2. RRS 32.2 will apply and, in addition, if the Race Committee signals a shortened course (displays flag 'S' with two sounds) when the leading boat is approaching the leeward mark, boats shall pass the leeward mark to port and continue to the finishing line as described in SI 14.1. This changes RRS 32.2.]
- 14.3. The race committee may give a finishing place to any boat as follows:
- a) When a race committee vessel displays flag W, boats that have not yet finished and have been acknowledged by the race committee vessel, may be given a finishing place anywhere on the race course, at a nearby mark or not. The changes RRS 35.
 - b) When a boat finishes in accordance with this instruction, she shall be awarded a finishing place matching her observed race position in that race. This changes RRS A5.
 - c) Boats finished this way will not have grounds for redress.

15. PENALTY SYSTEM

- 15.1. RRS Appendix P will apply.
- 15.2. The penalty under RRS P2.2 is changed so that it will apply to any penalty after the first one. RRS P2.3 will not apply.
- 15.3. A judge appointed under rule P1.1 who sees a boat breaking rule 42 may penalize her by, as soon as reasonably possible, making a sound signal, pointing a yellow flag at her and hailing her sail number, even if she is no longer racing. A boat so penalized shall not be penalized a second time under rule 42 for the same incident.
- 15.4. For the 420 class only, Appendix P5 will apply when, in the opinion of the Race Officer, winds exceed 13 knots across the course.
- 15.5. This will be signalled by the display of the R and/or O flags from the committee boat.

16. TIME LIMITS

- 16.1. The race time limit for each class racing shall be 65 minutes from the starting signal for that class.
- 16.2. The target time for the first boat in each class is 40 minutes.
- 16.3. The finishing period for each class will be 20 minutes after the first boat in that class sails the course and finishes within the race time limit.
- 16.4. If no boat has passed the first mark within 20 minutes, the race may be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.5. A boat failing to finish within the finishing period for its class will be scored DNF without a hearing save that the Race Officer may during such finishing period display flag W to boats on the course in which case they will be scored as if they had finished in their position at that time. This changes RRS 35, A4, A5.1 and A5.2.

17. HEARING REQUESTS

- 17.1. In addition to RRS 60.1(a) a boat intending to protest should notify a ...
- 17.2. The protest time limit is 45 minutes after the last boat for each class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the Official Notice Board.
- 17.3. Hearing request forms are available from the Club office.
- 17.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 17.5. A party to the hearing may ask for a re-opening no later than 30 minutes after being informed of the decision. This changes RRS 63.7.

18. SCORING

- 18.1. See NOR 14
- 18.2. Competitors may request a review of a boat's score by completing a scoring enquiry form available from the Club office.

19. SAFETY REGULATIONS

- 19.1. A boat that launches and does not start a race or retires from a race is requested to notify the Race Committee as soon as possible.
- 19.2. Anyone on the reservoir bank and onwards must wear a buoyancy aid.
- 19.3. A safety tally system will be in operation for the Cadet class only.
 - 19.3.1. The tally control point will be confirmed during the competitors briefing.
 - 19.3.2. Competitors shall individually check-out before racing by personally going to the tally control point and giving their sail number and name to advise they are going racing.
 - 19.3.3. Competitors shall individually check-in immediately on returning to shore by personally going to the tally control point and giving their sail number and name to advise they are ashore. This must be done no later than 10 minutes after the last boat has come ashore for the relevant class.

19.3.4. The penalty for failing to tally-out or tally-in as instructed above will be five points added to the boat's series score for each offence. This changes RRS 63.1 and A5.

20. REPLACEMENT OF CREW OR EQUIPMENT [DP]

- 20.1. Substitution of competitors is not allowed without prior written approval of the race committee. Competitors shall request a substitution of crew form via the Club office.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2. When instructed by a race official on the water, a boat shall proceed to a designated area for inspection. [DP].

22. 420 BOATS IDENTIFICATION

- 22.1. Boats shall display class bow numbers. The class association will make a stencil available and give instructions for their use or Bow numbers purchased can be applied. [DP].
- 22.2. Boats wishing to use sails carrying a distinguishing and valid 5 digit number other than that required by RRS 77 and RRS Appendix G may only do so with written permission from the Race committee or 420 Class Sailing Secretary. [DP]
- 22.3. A 420 boat's recall number will be their bow number. This changes RRS 30.4.

23. SUPPORT VESSELS [DP]

- 23.1. See NOR 15.

24. TRASH DISPOSAL

- 24.1. Rubbish is not to be thrown in to Queen Mary Reservoir. Rubbish may be placed aboard official boats.

25-28. NOT USED

29. PRIZES

See NOR 24

30. RISK STATEMENT

See NOR 22

31. INSURANCE

See NOR 23

APPENDIX ONE – COURSE DIAGRAM

