



QUEEN MARY
SAILING CLUB

**SUMMER SIZZLER KEELBOAT
CUP**

SATURDAY 25TH JULY 2026

**SAILING INSTRUCTIONS
4 RACES, 3 TO COUNT**

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SAILING INSTRUCTIONS

1. RULES

- 1.1 Keeping Clear: Boats shall keep clear of barges and motor vessels that are restricted in their ability to manoeuvre. When a boat finds herself unable to keep clear of such a vessel she may use propulsion, such as paddling or rocking, provided she does not gain a significant advantage in the race (RRS 42.3(i)).

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted not less than 60 minutes before the scheduled warning signal of the first race on the day on which it will take effect, except that any change to the schedule of races (See NOR 9) will be posted by 18:00hrs on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on the upper deck of the Clubhouse.
- 3.2 The race office is located at the Queen Mary Club office, telephone number 01784 248881, email: sailondon@queenmary.org.uk

4. CODE OF CONDUCT

- 4.1 [DP] Competitors shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the Clubhouse flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signals AP. This changes Race Signals AP.

6. SCHEDULE

See NOR 9

7. CLASS FLAGS

The class flag(s) will be:

CLASS	FLAG
RS21	"H"

8. RACING AREA

The racing area will be indicated on the Daily Information Board located outside the Club office on the upper deck of the Clubhouse.

9. COURSE

- 9.1 The course to be sailed will be displayed on the official notice board no later than 60 minutes before the scheduled warning signal for the first race.
- 9.2 The course and number of rounds to be sailed will be displayed on the stern of the Race Committee Boat.

10. MARKS

- 10.1 Course marks and positions will be described in the course diagram on the official notice board.

11. OBSTRUCTIONS

The following areas are obstructions and boats shall not sail in those areas at any time:

- (a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys;
- (b) at the southern end of the bund, the shallows bounded by yellow or orange buoys, and the area bounded by the dredger's anchor buoys;
- (c) if a dredger is at any time located somewhere on the reservoir other than as described in (a) and (b) above, the area bounded by its anchor buoys;
- (d) at the outlet at the north-east corner of the reservoir, the area bounded by round yellow buoys.

12. THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal. The preparatory signal will be made 2 minutes before the starting signal and the preparatory flag removed 1 minute before the start.
- 12.2 The starting line is between a staff displaying an orange flag on the Race Committee Boat at the starboard end and the course side of the port end starting mark.
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

13. CHANGING THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position.
- 13.2 Minor course changes of less than 150 meters may not be signalled. This changes RRS 33.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying a blue flag on the Race Committee Boat and the course side of the finishing mark.
- 14.2 RRS 32.2 will apply and, in addition, if the Race Committee signals a shortened course (displays flag 'S' with two sounds) when the leading boat is approaching the leeward mark, boats shall pass the leeward mark and continue to the finishing line as described in SI 14.1. This changes RRS 32.2.

15. NOT USED

16. TIME LIMITS

- 16.1 The race time limit shall be 45 minutes from the starting signal.
- 16.2 The finishing period will be 15 minutes after the first boat sails the course and finishes within the race time limit.
- 16.3 A boat failing to finish within the finishing period for its class will be scored DNF without a hearing save that the Race Officer may during such finishing period display flag W to boats on the course in which case they will be scored as if they had finished in their position at that time. This changes RRS 35, A5.1 and A5.2 and A10
- 16.4 No race will be started after 16:00hrs on Saturday 22nd November 2025.

17. HEARING REQUESTS

- 17.1 The protest time limit is 60 minutes after the last boat finishes in the last race of the day or the Race Committee signals no more racing today, whichever is the later.
- 17.2 Hearing request forms are available from the Club office.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 17.4 A party to the hearing may ask for a re-opening no later than 30 minutes after being informed of the decision. This changes RRS 63.7.

18. SCORING
See NOR 15

19. SAFETY REGULATIONS

- 19.1 A boat that launches and does not start a race or retires from a race is requested to notify the Race Committee as soon as possible.

20-28 NOT USED

29 PRIZES
See NOR 24

30 RISK STATEMENT
See NOR 22

31 INSURANCE
See NOR 23 (Damage and Liability)