



FROSTBITE SUNDAY SERIES

21st December 2024 – 1st March 2026

SAILING INSTRUCTIONS

22 RACES, 11 TO COUNT

Queen Mary Sailing Club
Queen Mary Reservoir
Ashford Road
Ashford
Middlesex
TW15 1UA

QUEEN MARY SAILING CLUB

FROSTBITE SUNDAY SERIES

SAILING INSTRUCTIONS

1. RULES

Keeping Clear: Boats shall keep clear of barges and motor vessels that are restricted in their ability to manoeuvre. When a boat finds herself otherwise unable to keep clear of such a vessel she may use propulsion, such as paddling or rocking, provided she does not gain a significant advantage in the race (RRS 42.3(i)).

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted not less than 60 minutes before the scheduled warning signal of the first race on the day on which it will take effect, except that any change to the schedule of races (see NOR 9) will be posted by 18:00hrs on the Sunday before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on the upper deck of the Clubhouse.
- 3.2 The race office is located at the Queen Mary Club office, telephone number: 01784 248881, email: sailingsecretary@queenmary.org.uk.

4. CODE OF CONDUCT

[DP] Competitors shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the Clubhouse flagpole.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP. This changes Race Signals AP.

6. SCHEDULE

See NOR 9.

7. CLASS FLAGS

The class flags will be:

FLEET	CLASS WARNING FLAG
ILCA 7/LASER STANDARD, ILCA 6/LASER RADIAL ILCA 4/LASER 4.7	ILCA
FAST WINDWARD/LEEWARD	NUMERAL 3
FAST HANDICAP & SLOW HANDICAP	NO.3 (DEFACED GREEN)

8. RACING AREA

The racing area will be indicated on the Daily Information Board located outside the Club office on the upper deck of the Clubhouse.

9. COURSES

- 9.1. The diagrams in Appendix 1 show the courses, the order in which marks are to be passed and the side on which each mark is to be left.

Start 1, ILCA 7/Laser Standard, ILCA 6/Laser Radial and ILCA 4/ Laser 4.7 fleets will sail Course J

Start 2, Fast Windward/Leeward fleet will sail Course L

Start 2, Fast Handicap and Slow Handicap fleets will sail Course J

Start 2, Slow Handicap fleet will sail Course J modified

- 9.2. The courses and number of rounds to be sailed will be displayed on the stern of the Race Committee Boat with

Start 1, ILCA 7/Laser Standard. ILCA 6/Laser Radial and ILCA 4/ Laser 4.7 fleets on the left.

Start 2, Fast Windward/Leeward fleet in the middle.

Start 2, Fast Handicap and Slow Handicap fleets on the right.

- 9.3. The Slow Handicap fleet and the ILCA 4/Laser 4.7s will sail one round less than the number displayed for their start.

10. MARKS

- 10.1. The windward mark of course J and L will fly a yellow flag and course J modified will be a blue and yellow flag. The gybe or wing mark will fly a green flag and the leeward mark will fly a pink flag.

- 10.2. The starting mark will be a spherical buoy flying a red flag.

- 10.3. The finishing mark will be a spherical buoy flying a blue flag.

11. OBSTRUCTIONS

The following areas are obstructions and boats shall not sail in those areas at any time:

- (a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys;
- (b) at the southern end of the bund, the shallows bounded by yellow or orange buoys, and the area bounded by the dredger's anchor buoys;
- (c) if a dredger is at any time located somewhere on the reservoir other than as described in (a) and (b) above, the area bounded by its anchor buoys;
- (d) at the outlet at the north-east corner of the reservoir, the area bounded by round yellow buoys.

12. THE START

- 12.1. Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal. The preparatory signal will be made 2 minutes before the starting signal and the preparatory flag removed 1 minute before the start. [This changes RRS 26]

- 12.2. The starting line is between a staff displaying an orange flag on the Race Committee Boat at the starboard end and the course side of the port end starting mark.

- 12.3. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other boats.

- 12.4. In the event of a general recall the First Substitute will be flown for no more than 2 minutes and lowered without a sound signal. A recalled start or starts will be restarted (in their original order if more than one) with a new warning signal at the end of the starting sequence. This changes RRS 29.2.

- 12.[5] A boat that does not start within 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2
- 13. CHANGE OF THE NEXT LEG OF THE COURSE**
While boats are racing, course marks and the finish line marks may be moved no more than 150 metres without a signal being made. This changes RRS 33.
- 14. THE FINISH**
14.1 The finishing line will be between a staff displaying a blue flag on the Race Committee Boat at the starboard end and the course side of the port end finishing mark.
14.2 RRS 32.2 will apply and, in addition, if the Race Committee signals a shortened course (displays flag S with two sounds), when the leading boat is approaching the leeward mark, boats shall pass the leeward mark to port and continue to the finishing line as described in SI 14.1. This changes RRS 32.2.
- 15. NOT USED**
- 16. TIME LIMITS**
16.1 The race time limit for each fleet will be 75 minutes from the starting signal for that fleet.
16.2 The finishing period for each fleet will be 15 minutes after the first boat in that fleet sails the course and finishes within the race time limit. This period may be extended at the discretion of the Race Officer.
16.3 A boat failing to finish within the finishing period for its fleet will be scored DNF without a hearing save that the Race Committee may, during such finishing period, display flag W to boats on the course in which case they will be scored as if they had finished in their position at that time. This changes RRS 35, A4, A5.1 and A5.2 (as changed by A5.3).
- 17. HEARING REQUESTS**
17.1 The protest time limit is 60 minutes after the last boat in that fleet finishes in the last race of the day or the Race Committee signals no more racing today, whichever is the later.
17.2 Hearing request forms are available from the Club office.
17.3 Protests will be heard in approximately the order of receipt as soon as possible.

Appendix 1

Course J and Course J modified

Course J

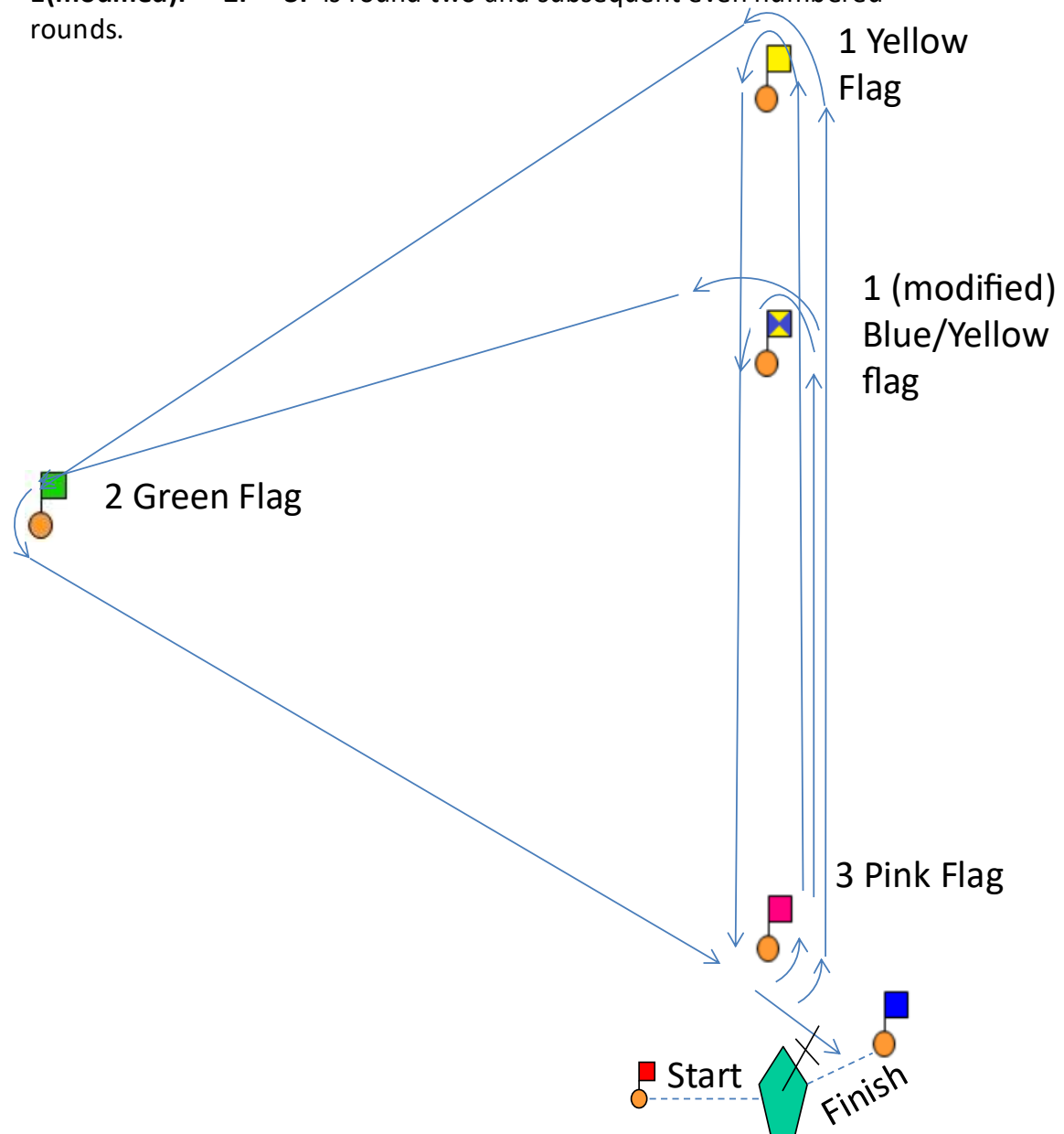
1P – 3P is round one and subsequent odd numbered rounds.

1P – 2P – 3P is round two and subsequent even numbered rounds.

Course J (modified) – Slow Handicap Fleet

1(modified)P -3P is round one and subsequent odd numbered rounds.

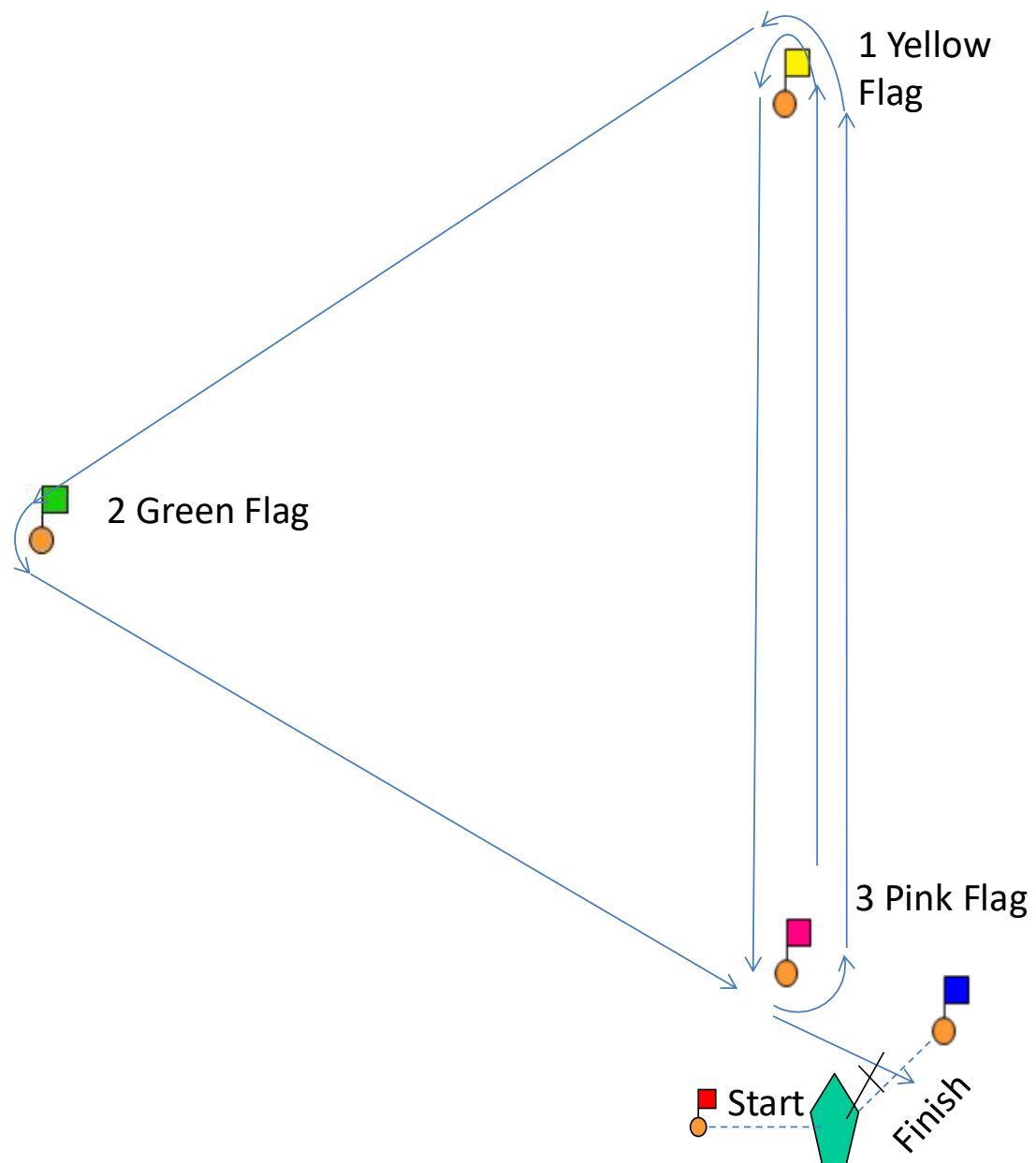
1(modified)P – 2P – 3P is round two and subsequent even numbered rounds.



Course J

1P – 3P is round one and subsequent odd numbered rounds.

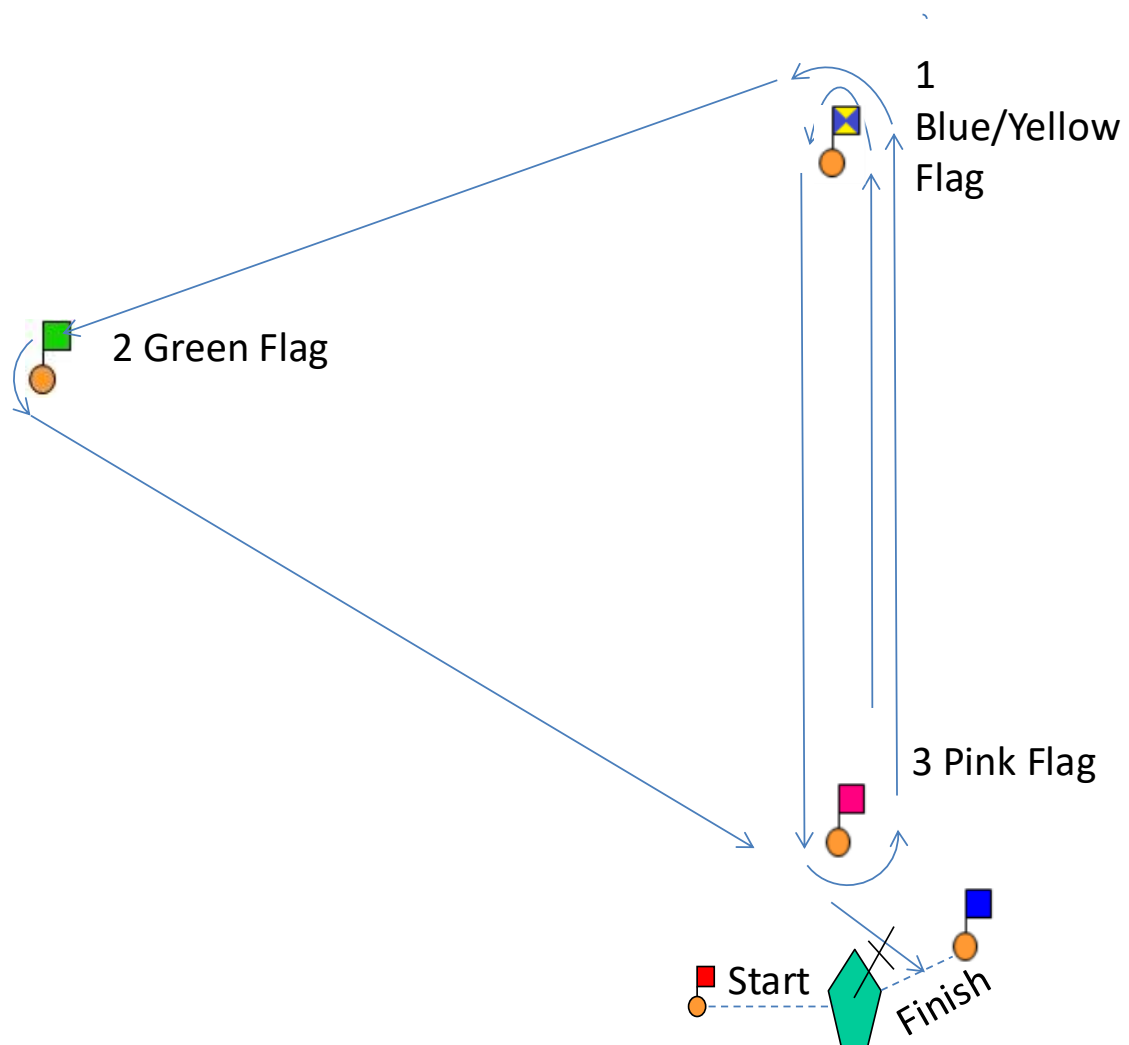
1P – 2P – 3P is round two and subsequent even numbered rounds.



Course J (modified – Slow Handicap)

1(modified)P – 3P is round one and subsequent odd numbered rounds.

1(modified)P – 2P – 3P is round two and subsequent even numbered rounds.



Course L

1 Yellow Flag

1P – 3P is round one and subsequent rounds

