


QMSC Sunday Club Racing - 5 Minute Start Sequence, 2 Starts
Including ILCA General Recall option

Actual Time	Elapsed Time	Flags	Action	Signal	Sound	Start
		Committee Boat end of Start Line				
	-12	Synchronise				
	-11	<i>AP Down</i>	↓		+1	
	-10	ILCA Up	↑		+1	
	-9	P (or U) Up	↑	 or 	+1	
	-8	2 minutes to...				
	-7	1 minute to...				
	-6	P (or U) Down	↓	 or 	+1	
	-5	ILCA Down, No. 3 & Def. 3 Up	↓ ↑	  	+1	ILCA
	-4	P (or U) Up	↑	 or 	+1	
	-3	2 minutes to...				
	-2	1 minute to...				
	-1	P (or U) Down	↓	 or 	+1	
	0	No.3 & Def. 3 Down	↓	 	+1	RS400, W/L, Fast / Slow
	0	<i>Recalled Class (ILCA) Flag Up</i>	↑			
	1	<i>U Up</i>	↑		+1	
	2	<i>2 minutes to ...</i>				
	3	<i>1 minute to ...</i>				
	4	<i>U Down</i>	↓		+1	
	5	<i>ILCA) Flag Down</i>	↓		+1	<i>ILCA Restart</i>